

Steps to Success



Family Name: _____

Address: _____

Phone: _____ E-mail: _____

Immediate Aid:

Many people want the church or their mentor to make their problems disappear. We do not believe that is helpful in the long run. You have to face the past and your choices and actions in it. You must be responsible to solve past problems and create your own new future. God has made you special. He has given you everything you need to be self-directed, contributing member of society. You can solve your own problems and become the person God wants you to be.

The best use of church aid is to give you a boost and support to help you move just far enough from crisis that you can take the opportunity to plan and dream for your future and what you want to accomplish in it. So our aid will not solve all your problems. The best we can do is take the hurtful edge off of your current problems and then we can partner with you to find creative ways to manage your future.

List some things that the church could give you or do for you that would make your life a little easier or less complicated right now.

- 1.
- 2.
- 3.
- 4.
- 5.

List items the church agrees to give you or do for you in the next few days or weeks to make your life a little easier or less complicated. Put a date by each item indicating when it will be given or done.

- 1.
- 2.
- 3.
- 4.
- 5.

Dreams and Goals:

What are your realistic dreams for your preferred future – what goals do you have for yourself? Life would really be good if . . . Think in terms of housing, employment, education, parenting, security, children, spiritual life, friends, financial contentment, skills, resources, etc.

Write down goals that reflect your hopes and dreams for your future. Indicated which ones you want to begin working on first.

- 1.
- 2.
- 3.
- 4.
- 5.

You have not been able to achieve these goals so far in your life. What are some of the problems that might prevent you from achieving your goals in the future? It might be helpful to list them under the categories listed below. Try to list very specifically the root problems that will likely make it difficult for you to attain each of the goals you wrote down above:

Lack of Encouragement or Support:

Lack of Information:

Lack of Skills:

Lack of Resources:

Friendship Support:

Most people cannot make major changes in their lives without support from a friend or accountability partner. We call this person a mentor. This part of the plan lists the name of the person who has been selected to be a mentor to you. He/She has promised to:

- ❖ Pray daily for you.
- ❖ To meet with you face to face for a weekly visit for not less than one hour for support, friendship and guidance at a time and place you both agree on.
- ❖ To handle any information you share with great care to keep your name and reputation strong.

Name of mentor: _____ Phone: _____

What Can You Do To Help Someone Else?

Many people who need help are also willing to be helpers to others. Out of thankfulness for the help they received, they are eager to be helpful to others. List any hobbies, talents and skills you have that could be used to serve others when that time comes for you.

- | | |
|----|----|
| 1. | 2. |
| 3. | 4. |

Your Part:

We want to partner with you to help you meet your goals listed above. Church assistance and aid works best when it supplements and encourages you to do what you can do for yourself. List some steps that you can take to begin achieving each of the goals you listed above?

Goal 1:

- 1.
- 2.
- 3.
- 4.
- 5.

Goal 2:

- 1.
- 2.
- 3.
- 4.
- 5.

Goal 3:

- 1.
- 2.
- 3.
- 4.
- 5.

Goal 4:

- 1.
- 2.
- 3.
- 4.
- 5.

The Church's Part

The church wants to help you attain your goals so we will write down what you can count on from us to help you achieve those goals. Most of our help will be non-financial. We will help you access information and services you need. We will connect you to people who can give you information or help you achieve your goals. Your mentor will be praying for you and meeting with you to give you emotional support. Any financial help will be directed at helping you create **new opportunities** for yourself.

Goal 1:

- 1.
- 2.
- 3.
- 4.
- 5.

Goal 2:

- 1.
- 2.
- 3.
- 4.
- 5.

Goal 3:

- 1.
- 2.
- 3.
- 4.
- 5.

Goal 4:

- 1.
- 2.
- 3.
- 4.
- 5.

List any other assistance the church will provide:

Note: If you do not fulfill your end of this agreement, we cannot fulfill our end of it. If there are good reasons for not following through on the plan, we can always renegotiate this plan around different goals or steps. Our help is contingent on your taking action for your future.

Evaluation

We want to provide all the encouragement, help and support you need to attain your goals. Quite a few people find that their initial plans were not quite attainable. They needed opportunity to revise them. To make this process work well, we need to regularly evaluate whether this is the right plan for you and whether we are on track with it. Most people find that it needs to be amended or “tweaked” at various times. It is usually helpful to monitor it quite frequently at first and then less frequently when all is going really well according to plan.

How often will you and your mentor review your progress? _____Weekly _____Monthly

Other Conditions of Agreement:

Signed: _____ Date: _____

Signed: _____ Date: _____